

**WHAT IS CLAIMED IS:**

1. A compression apparatus comprising:

an expandable body configured for disposal about a foot;

5 a strap extending from the body, the strap being configured for disposal about the foot adjacent an ankle,

wherein the strap has a first layer configured to engage an outer surface of the foot adjacent the ankle, a second layer and a third cushion layer disposed therebetween.

10 2. A compression apparatus as recited in claim 1, wherein the strap is integrally connected to the body.

3. A compression apparatus as recited in claim 1, wherein the strap is monolithically formed with the body.

4. A compression apparatus as recited in claim 1, wherein the body includes the first layer.

15 5. A compression apparatus as recited in claim 4, wherein the body includes the second layer.

6. A compression apparatus as recited in claim 1, wherein the strap has a segmented configuration for contour with the foot.

7. A compression apparatus as recited in claim 1, wherein the third cushion layer is disposed within the first layer and the second layer such that the first layer and the second layer are configured to provide a barrier to the third cushion layer.

8. A compression apparatus as recited in claim 1, wherein the body includes a  
5 metatarsal strap.

9. A compression apparatus as recited in claim 1, wherein the first layer includes a soft material.

10. A compression apparatus as recited in claim 1, wherein the first layer includes a soft material and a flexible film.

10 11. A compression apparatus as recited in claim 1, wherein the third cushion layer includes a foam material.

12. A compression apparatus as recited in claim 1, wherein the second layer has an outer surface including a loop material disposed therewith.

13. A compression apparatus as recited in claim 1, wherein the second layer includes  
15 a flexible film and an outer surface having a loop material disposed therewith.

14. A compression apparatus as recited in claim 8, wherein the second layer has an outer surface including a loop material such that the metatarsal strap includes hook elements that are engageable with the loop material to mount the expandable body with the foot.

15. A compression apparatus as recited in claim 12, wherein the body includes hook elements that are engageable with the loop material to mount the expandable body with the foot.

16. A compression apparatus comprising:

a foot sleeve including an inflatable body configured for disposal about a foot, the foot  
5 sleeve including a metatarsal portion;

a strap integrally connected to the foot sleeve and extending therefrom, the strap being configured for disposal about the foot adjacent an ankle,

wherein the strap has a first layer configured to engage an outer surface of the foot adjacent the ankle, a second layer and a third cushion layer disposed therebetween such that the  
10 first layer and the second layer are configured to provide a barrier to the third cushion layer.

17. A compression apparatus as recited in claim 16, wherein the first layer is configured to prevent engagement of the third cushion layer with the outer surface of the foot.

18. A compression apparatus as recited in claim 16, wherein the third cushion layer includes a foam material.

15 19. A compression apparatus as recited in claim 16, wherein the strap has a segmented configuration for contour with the foot.

20. A compression apparatus comprising:

a foot sleeve including an inflatable bladder configured for disposal about a foot, the foot sleeve including a metatarsal portion that overlies the foot;

a strap integrally connected to the foot sleeve and extending therefrom, the strap being  
5 configured for disposal about the foot adjacent an ankle,

wherein the strap has a foot contact layer including a soft material that is configured to engage an outer surface of the foot adjacent the ankle, an outer layer and a cushion layer including foam material disposed therebetween such that the foot contact layer and the outer layer are configured to provide a barrier to the cushion layer, the outer layer having an outer  
10 surface including a loop material such that the metatarsal portion includes hook elements that are engageable with the loop material to mount the foot sleeve with the foot.

21. A compression apparatus as recited in claim 1, wherein the compression apparatus includes a plurality of straps extending from the body.

22. A compression apparatus comprising:

15 an expandable body configured for disposal about a foot, the expandable body including a top layer and a bottom layer; and

a strap member extending from the expandable body, wherein a portion of the strap member is disposed between the top and bottom layers of the expandable body.

23. A compression apparatus as recited in claim 22, wherein the strap member includes a plurality of layers, whereby the plurality of layers comprises an interiorly disposed cushion layer.